

# SUN, SAND, SWEAT & SEA TURTLES

## Group Volunteering Experience



## JOIN ME ON A SPECTACULAR SEA TURTLE ADVENTURE IN COSTA RICA

This **group volunteering trip** is the perfect opportunity for those seeking an **unforgettable experience while making a positive impact on the environment**. On our trip, we will contribute to the **conservation efforts** of some of the most fascinating and endangered creatures on our planet, **sea turtles**. Additionally, you'll have the chance to help with **scientific research** and data collection.

In the lush coastal habitat of the Osa Peninsula in Costa Rica, you will be surrounded by pristine beaches and the remarkable biodiversity that makes this region a **hotspot for sea turtle nesting**. You will have a **front-row seat** while **mother turtles climb the beach** to lay their eggs and **baby sea turtles** dash to the sea.

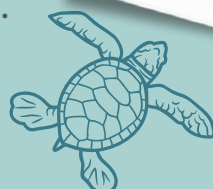
In a **grassroots sea turtle conservation project**, you will be directly **involved in all the work necessary to protect nesting mothers and their eggs**. Each night, armed with red lights, we will set out on guided **beach patrols** to keep an eye out for nesting sea turtles and hatched nests. During the day, we might go on **early morning walks** to find hatched nests to excavate and inventory them; we might be involved in equipment and campsite **cleaning, beach clean-ups** to collect plastic waste and later sort it, and any other work. So, prepare for **little sleep, sweaty hard work, and mesmerizing moments**.

On our day off, we'll have **time to explore the other natural wonders of Costa Rica**. We may visit the nearby national park Corcovado, take a boat to look for dolphins, or take a day trip to Isla del Caño.

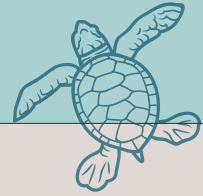
This trip offers not only an opportunity to **make a positive impact** but also a chance to **forge meaningful connections with like-minded individuals**. Working together towards a shared goal, you'll bond with your fellow volunteers, creating memories and friendships that will last a lifetime.

Whether you're a nature enthusiast, wildlife lover, or simply seeking an adventure, my sea turtle volunteering trip in Costa Rica is an experience that promises **fulfilment, personal growth, and a chance to contribute to the conservation of these remarkable creatures**.

**Come along on this incredible journey and be part of something greater in the stunning tropical paradise of Costa Rica!**



# What to Expect



## TRIP OVERVIEW

|                     |   |                           |  |
|---------------------|---|---------------------------|--|
| <b>LOCATION</b>     | Peninsula Osa, Costa Rica   | <b>TYPE OF TRIP</b>       | Hands-On Volunteering                      |
| <b>DATES</b>        | December 01 - 13, 2024  | <b>SEA TURTLE SPECIES</b> | Olive Ridleys and Pacific Greens           |
| <b>ACCOMODATION</b> | Basic dormitories in sea turtle camp, shared bathrooms, no A/C, only cold water | <b>FOOD</b>               | Basic vegetarian meals (vegan possible)    |
| <b>GROUP SIZE</b>   | 6-12 Participants   | <b>MINIMUM AGE</b>        | 18 years (or travelling w/ legal guardian) |
| <b>VISUM</b>        | None (for most nationalities)   | <b>LANGUAGE(S)</b>        | English, German, Spanish                   |

## Included

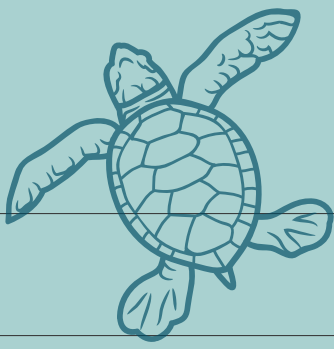
- English-, Spanish-, and German-Speaking Guide and Host, Dr. Christine Figgner
- 2 Nights in Central Valley
- 10 Nights in Sea Turtle Conservation Project
- Private Transportation to the Project Site
- 3 Vegetarian Meals per Day (Vegan Possible) (exception, day off and travelling days)
- Tour on Day-Off (NP Corcovado, Whale Watching, or Snorkelling in Isla del Caño)
- Detailed Handbook & Travel Manual
- Access to Online Course: Sea Turtles 101 (coming in May 2024)
- Donations for Sea Turtle Conservation



## Not Included

- Flights to Costa Rica
- Travel Health Insurance
- Airport Transfer
- Necessary Vaccines
- Personal Expenses





# Itinerary

**DAY 1** (DEC 01) **ARRIVAL** in Alajuela (SJO Airport) & **Meet Up** at Accommodation

**DAY 2** (DEC 02) **TRANSFER** to Sea Turtle Conservation Project; **Training** On-Site

**DAY 3 - DAY 11** (DEC 03 - DEC 11) **VOLUNTEER WORK** in Sea Turtle Conservation Project (including one day and night off\*)

**\*DAY OFF** **TBD** (Dolphin & Whale Tour, Tour Exploring Corcovado National Park, or Snorkelling Tour to Isla del Caño)

**DAY 12** (DEC 12) **DEPARTURE** from Sea Turtle Conservation Project, **Last Night** in the Central Valley together

**DAY 13** (DEC 13) **GOOD BYE - OFFICIAL END OF TRIP (DEPARTURE)**

## Requirements

- 18+ Years (or Travelling with Legal Guardian)
- Travel Health Insurance
- Valid Passport
- Able to Meet Visa Requirements for Costa Rica (most nationalities do NOT need a visa)
- Ability to Walk Long Distances on Soft Sand
- Signing Indemnification/Waiver
- Conversational English an Advantage
- Non-Refundable 400 USD Deposit to Reserve your Spot



*Witnessing a sea turtle nesting or babies hatching under the starlit sky are magical experiences that will stay with you forever!*

**RESERVE YOUR SPOT**



 [www.seaturtlebiologist.com](http://www.seaturtlebiologist.com)

~~2,490 USD\*\*~~

**EARLY BIRD  
DISCOUNT**

**2,290 USD\*\***

until September 15th, 2024

\*\*possible to pay in installments

